

Analysis of a sample of the article by this Department showed that it consisted essentially of ground *Equisetum arvense*.

It was alleged in the information that the article was misbranded in that certain statements, designs, and devices regarding the curative and therapeutic effects of the said article, falsely and fraudulently represented that it was effective, among other things, as a relief for diabetes; and effective to prevent anemia by making the sugar normal and the blood red.

On November 4, 1932, the defendant entered a plea of nolo contendere to the information, and the court imposed a fine of \$25.

R. G. TUGWELL, *Acting Secretary of Agriculture.*

20361. Misbranding of Thynn Tabs. U.S. v. 127 Packages, et al., of Thynn Tabs. Default decree of condemnation, forfeiture, and destruction. (F. & D. nos. 29043, 29044, 29045, 29046, 29047, 29077, 29093. Sample nos. 9499-A, 12171-A, 20376-A, 20391-A, 20392-A, 22299-A, 22300-A, 22533-A, 28826-A.)

Examination of samples of the drug preparation Thynn Tabs disclosed that the article contained no ingredient or combination of ingredients capable of producing certain curative and therapeutic effects claimed in the labeling. It also was claimed for the article that it contained no drugs, whereas analyses showed the presence of drugs. The matter was reported by the Secretary of Agriculture to the United States attorneys in whose districts various lots of the product were located.

On October 13, 14, 17, and 19, 1932, the United States attorneys for the Districts of Massachusetts, New Jersey, and Maryland and the Eastern District of Pennsylvania filed in the respective Federal District Courts, libels praying seizure and condemnation of various lots of Thynn Tabs at Springfield, Mass., Paterson, N.J., Baltimore, Md., and Philadelphia, Pa. On October 17, 1932, the United States attorney for the District of Columbia filed in the Supreme Court of the District of Columbia, holding a District Court, libels praying seizure and condemnation of quantities of the product at Washington, D.C. The said libels charged the following interstate shipments of the product: 127 packages shipped by the National New York Packing Co., from New York, N.Y., to Springfield, Mass., on or about September 22, 1932, the said shipment having been invoiced by the Obesity Research Bureau, Inc.; 112 packages shipped, on or about October 1, 1932, by the Obesity Research Bureau, by messenger, from New York, N.Y., to Paterson, N.J.; 538 packages shipped by the Obesity Research Bureau, Inc., from Newark, N.J., to Philadelphia, Pa., on or about September 21, 1932; and 1,234 packages shipped by the Obesity Research Bureau, Inc., from New York, in various consignments between the dates of August 1, 1932, and October 8, 1932, from New York to Philadelphia, Pa., Baltimore, Md., and Washington, D.C. It was further alleged in the libels that the article was misbranded in violation of the Food and Drugs Act, as amended.

Analysis of a sample of the article by this Department showed that it consisted essentially of a laxative drug such as rhubarb, other powdered vegetable material including marine algae, sugar, inorganic material including chlorides and sulphates of sodium and magnesium, and a material supplying a trace of iodine.

Misbranding of the article was alleged in the libels for the reason that the following statements appearing in a circular shipped with the said article were false and misleading: "Containing no drugs, * * * Thynn Tabs, which with the Thynn Tab Method, aids normal slenderizing without the use of drugs."

Misbranding was alleged for the further reason that the following statements appearing on the carton and in the said circular were false and fraudulent: (Carton) "Thynn Tabs * * * Obesity Research Bureau"; (circular) "What Price Overweight? [A triangle design depicting a slender human figure and the legend "Thynn Tabs an aid to normal slenderizing"] Obesity Research Bureau * * * The information set forth in the following pages represents the result of years of research and study in connection with Overweight and its ill effects on the human system. Technical phrases and obscure words have been eliminated; you are told in simple language the why and wherefore of Overweight and what must be done to eliminate this condition. * * * How Many Years Do Those Extra Pounds Cost? You can't run an automobile when the motor is clogged with carbon. Fatty tissue is the carbon of the body. Like carbon in the motor, it slows down action—clogs the

works—and cuts years from life. Every part of the motor that carries excess carbon is subject to extra wear, heavy friction, and rapid breakdown. Organs in the body burdened with excess fat, carry too heavy a load, are overlaid with clogging tissue, and apt to break down with disease. Insurance statistics prove that increased weight means less years of life. A person with great weight is a poor risk for an insurance company. Wisdom In Reducing That final authority on your chances for a long life, Dr. Dublin, says, 'It is wise for people to keep within the figures of the standard table (the weight table given on the following pages), and after they are at the age of thirty-five it would be even better if they could lop off a few pounds from the normal.' But lopping off these pounds must be done with care. Too rapid reducing is dangerous to the health and causes wrinkles. Thynn Tabs and the Thynn Tab method containing no drugs, no dangerous chemicals and no thyroid—give you a sensible, safe means of attaining ideal weight gradually. If your heart, lungs, liver and other organs are burdened with layers of fat, remove the excess tissue before it strains those organs too greatly, and diabetes, high-blood pressure and other diseases set in. Have you ever asked yourself, 'Where are the fat men or women at fifty-five?' Yet you see many lean people who at sixty are looking forward to several decades more of useful life. Good Health While Reducing While beauty is the wish of every normal woman, some fail to realize that it cannot exist without good health. Many women—in an effort to obtain the 'perfect' silhouette—diet so stringently that they endanger their health and destroy the very thing they strive to improve—their beauty. They fail to consider that starvation is possible even when large quantities of food are consumed. They do not know that what must be considered in food is quality, not quantity. All diet must contain certain vital life elements necessary to health. The Thynn Tab method of reducing considers it a matter of paramount importance that these elements be supplied. Thynn Tab diets avoid all danger of starvation. Dangers of too Rapid Reducing You have seen women who suddenly become drawn, haggard and wrinkled through rapid reducing. They have withdrawn the vital elements from their diet. They expect the motors, which are their bodies, to run without fuel. The Thynn Tab Method prevents such an occurrence. By following the chemically-balanced Thynn Tab diets, contained on the following pages, which will supply you with an abundance of food, and taking a Thynn Tab after each meal, the vital elements necessary are fed to your system all during the period you are trying to remove excess fat. The skin of every individual fits the body it covers. As the body grows in height or width, the skin stretches and grows with it, continuing to fit it perfectly. Should the body suddenly grow much smaller—through illness or rapid reducing—the skin does not shrink with it, but lies in folds or wrinkles. This causes the aged, worn look so often seen following severe illness or rigid dieting or quick loss of weight. The Thynn Tab Method is gradual. Proper Diet No longer need you feel that to 'diet' means to forego all the foods you like best. The following chemically balanced, scientifically planned menus, arranged by Dr. W. Robert Keashen, well-known food expert, allow you to have big meals, well-balanced, appetizing and satisfying.

Breakfast	Supper
Juice One Orange	Smoked Salmon
Steel Cut Oatmeal	3 Slices Baked Egg Plant
Slice Toast	Sauer Kraut
Glass Skim Milk	Watercress
One Thynn Tab	Fresh Berries
Dinner	Skim Milk
Vegetable Broth	One Thynn Tab
Slice Roast Beef	
3 Heaping Tablespoons Spinach	Breakfast
3 Heaping Tablespoons String Beans	Stewed Rhubarb
Tomato and Lettuce Salad*	2 Slices Toast
Sliced Orange with Fresh Grated Coconut	Tea or Coffee*
Cup of Tea with Lemon	One Thynn Tab
One Thynn Tab	

* No Sugar or Cream.

Dinner

Supper

Barley Broth
Salty Fish
Asparagus
Boiled Onions
Artichoke Salad
Blanc Mange
Glass Hot Orange Juice
One Thynn Tab

2 Lamb Chops, Broiled
Swiss Chard
3 Tablespoons Brussels Sprouts
Raw Cabbage—Carrot—Celery Salad
Sliced Grapefruit
Glass Warm Orange Juice
One Thynn Tab

* * * After each meal, be sure to take one Thynn Tab, which with the Thynn Tab Method, aids normal slenderizing, without the use of drugs, dangerous chemicals, or thyroid. Results are usually satisfactory when this method is followed. A daily improvement is far better than rapid reducing accompanied by wrinkles and impaired health. Are You A Sylph Or A Satire? Fitted fashions on the woman who carries no excess weight make her appear a veritable sylph on whom men and women feast their eyes. These same fashions on the woman burdened with layers of fatty tissue make her a satire of the mood. Reduce to beauty—and achieve beauty while reducing. That is the idea of the Thynn Tab method. But, like all worth-while accomplishments, success is not attained in a day. Try the diet followed by Thynn Tabs for six weeks in order to assure yourself that it is successful. Then you will be anticipating the sensation you will make in the clothes which make the most of your new slim lines. Think of the joy you will have in leaving the 'satire' group . . . and the added joy of becoming a 'sylph' and arousing admiration. To leave this 'Satire' group demands only the simple attention of following the meals suggested above and the Thynn Tab taken after each of them. Surely you want to join the group of 'Sylphs' and leave the 'Satire' group. The Price Of Overweight. There is a high price exacted of the person carrying excess weight. As explained, it is the slowing up of the vital organs and shortening of the years of life. Perhaps the real explanation of the boasted good nature of the fat person is the subconscious realization that with fewer years to live than people of normal weight, he must make those he has, pleasant years. That overweight does actually shorten life is shown by this table of the insurance companies: If you are Overweight your chances of longer life are decreased by

5 pounds-----	10%	45 pounds-----	55%
10 pounds-----	12%	50 pounds-----	60%
15 pounds-----	18%	55 pounds-----	65%
20 pounds-----	22%	60 pounds-----	71%
25 pounds-----	26%	65 pounds-----	78%
30 pounds-----	32%	70 pounds-----	85%
35 pounds-----	40%	75 pounds-----	92%
40 pounds-----	49%	80 pounds-----	100%

Is overweight worth its price . . . the price of ridiculous appearance, lowered disease resistance, shorter life? Or is it worth the self-control of the sane, diet, and Thynn Tabs after each meal, given here to endeavor to attain normal weight? The 'Weight' Of All Flesh. There is an ideal weight for every age, and every height. To possess that ideal weight is to improve your health—your looks—and add to your zest in living. Here is the standard table of height and weight, based on the findings of the Medico-Actuarial investigation. The standard weight for men is one to three pounds heavier than that of women of the same age and height."

On November 16, November 18, and December 9, 1932, no appearance or claim having been entered in any of the cases, judgments of condemnation and forfeiture were entered, and it was ordered by the court that the product be destroyed by the United States marshal.

R. G. TUGWELL, *Acting Secretary of Agriculture.*

20362. Adulteration and misbranding of F. W. Mc Ness' Extract of Cod Liver Oil-Tonic and misbranding of Pain Oil and Menthoform. U.S. v. 196 Dozen Bottles of Pain Oil, et al. Consent decree of condemnation and forfeiture. Product released under bond to be relabeled. (F. & D. nos. 27909, 27992. I.S. nos. 42337, 42338, 42349. S. nos. 5933, 6047.)

Examination of the drug preparations Pain Oil and Menthoform, two of the products covered by these cases, disclosed that the articles contained no in-