

Dinner

Supper

Barley Broth  
Salty Fish  
Asparagus  
Boiled Onions  
Artichoke Salad  
Blanc Mange  
Glass Hot Orange Juice  
One Thynn Tab

2 Lamb Chops, Broiled  
Swiss Chard  
3 Tablespoons Brussels Sprouts  
Raw Cabbage—Carrot—Celery Salad  
Sliced Grapefruit  
Glass Warm Orange Juice  
One Thynn Tab

\* \* \* After each meal, be sure to take one Thynn Tab, which with the Thynn Tab Method, aids normal slenderizing, without the use of drugs, dangerous chemicals, or thyroid. Results are usually satisfactory when this method is followed. A daily improvement is far better than rapid reducing accompanied by wrinkles and impaired health. Are You A Sylph Or A Satire? Fitted fashions on the woman who carries no excess weight make her appear a veritable sylph on whom men and women feast their eyes. These same fashions on the woman burdened with layers of fatty tissue make her a satire of the mood. Reduce to beauty—and achieve beauty while reducing. That is the idea of the Thynn Tab method. But, like all worth-while accomplishments, success is not attained in a day. Try the diet followed by Thynn Tabs for six weeks in order to assure yourself that it is successful. Then you will be anticipating the sensation you will make in the clothes which make the most of your new slim lines. Think of the joy you will have in leaving the 'satire' group . . . and the added joy of becoming a 'sylph' and arousing admiration. To leave this 'Satire' group demands only the simple attention of following the meals suggested above and the Thynn Tab taken after each of them. Surely you want to join the group of 'Sylphs' and leave the 'Satire' group. The Price Of Overweight. There is a high price exacted of the person carrying excess weight. As explained, it is the slowing up of the vital organs and shortening of the years of life. Perhaps the real explanation of the boasted good nature of the fat person is the subconscious realization that with fewer years to live than people of normal weight, he must make those he has, pleasant years. That overweight does actually shorten life is shown by this table of the insurance companies: If you are Overweight your chances of longer life are decreased by

5 pounds-----	10%	45 pounds-----	55%
10 pounds-----	12%	50 pounds-----	60%
15 pounds-----	18%	55 pounds-----	65%
20 pounds-----	22%	60 pounds-----	71%
25 pounds-----	26%	65 pounds-----	78%
30 pounds-----	32%	70 pounds-----	85%
35 pounds-----	40%	75 pounds-----	92%
40 pounds-----	49%	80 pounds-----	100%

Is overweight worth its price . . . the price of ridiculous appearance, lowered disease resistance, shorter life? Or is it worth the self-control of the sane diet, and Thynn Tabs after each meal, given here to endeavor to attain normal weight? The 'Weight' Of All Flesh. There is an ideal weight for every age, and every height. To possess that ideal weight is to improve your health—your looks—and add to your zest in living. Here is the standard table of height and weight, based on the findings of the Medico-Actuarial investigation. The standard weight for men is one to three pounds heavier than that of women of the same age and height."

On November 16, November 18, and December 9, 1932, no appearance or claim having been entered in any of the cases, judgments of condemnation and forfeiture were entered, and it was ordered by the court that the product be destroyed by the United States marshal.

R. G. TUGWELL, *Acting Secretary of Agriculture.*

**20362. Adulteration and misbranding of F. W. McNess' Extract of Cod Liver Oil-Tonic and misbranding of Pain Oil and Menthoform. U.S. v. 196 Dozen Bottles of Pain Oil, et al. Consent decree of condemnation and forfeiture. Product released under bond to be relabeled. (F. & D. nos. 27909, 27992. I.S. nos. 42337, 42338, 42349. S. nos. 5933, 6047.)**

Examination of the drug preparations Pain Oil and Menthoform, two of the products covered by these cases, disclosed that the articles contained no in-

redients or combinations of ingredients capable of producing certain curative and therapeutic effects claimed in the labelings. The remaining product, known as McNess' Extract of Cod Liver Oil-Tonic was found, upon examination, to contain no appreciable amount, if any, of vitamin D, one of the two therapeutically important constituents of cod-liver oil.

On March 14 and April 11, 1932, the United States attorney for the District of Maryland, acting upon reports by the Secretary of Agriculture, filed in the District Court of the United States for the district aforesaid libels praying seizure and condemnation of 196 dozen bottles of Pain Oil, 100 dozen bottles of Menthoform, and 137 dozen bottles of McNess' Extract of Cod Liver Oil-Tonic. It was alleged in the libels that the said Pain Oil and Menthoform had been manufactured by the Furst-McNess Co., of Freeport, Ill.; that the said products and a consignment of McNess' Extract of Cod Liver Oil-Tonic, had been shipped in interstate commerce on or about February 19, 1932, by Furst & Thomas Co., from Freeport, Ill., to Baltimore, Md., where they remained in the original unbroken packages; that the said McNess' Extract of Cod Liver Oil-Tonic was adulterated and misbranded in violation of the Food and Drugs Act; and that the Pain Oil and Menthoform were misbranded in violation of the said act as amended.

Analyses of samples of the articles by this Department showed that the Extract of Cod Liver Oil-Tonic consisted essentially of calcium, sodium, iron, manganese, and potassium compounds, hypophosphites, alkaloids of nux vomica, quinine, malt extract, alcohol (17.3 percent by volume), sugar, and water. Biological examination showed that the article did not possess any vitamin-D potency. The Pain Oil consisted essentially of volatile oils, including mustard oil, methyl salicylate, and eucalyptol, alcohol (60 percent by volume), and water. The Menthoform consisted essentially of small proportions of volatile oils, including cassia oil and menthol, formaldehyde, glycerin, alcohol, and water, colored with a red dye.

Adulteration of the said McNess' Extract of Cod Liver Oil-Tonic was alleged in the information for the reason that its strength fell below the professed standard under which it was sold, namely: (Bottle label and circular) "Extract of Cod Liver Oil-Tonic"; (bottle label) "A \* \* \* Preparation of an Extract of Cod Livers"; (circular) "A \* \* \* Tonic combining the active principles of Cod Livers \* \* \* It is a tonic containing the well known properties of the Extract of Cod Livers."

Misbranding of the said McNess' Extract of Cod Liver Oil-Tonic was alleged for the reason that the following statements appearing in the labeling were false and misleading: (Bottle label) "Extract of Cod Liver Oil-Tonic \* \* \* A \* \* \* Preparation of an Extract of Cod Livers"; (circular) "Extract of Cod Liver Oil-Tonic \* \* \* A \* \* \* Tonic combining the active principles of Cod Livers freed from objectionable fats and oils, \* \* \* Extract of Cod Liver Oil-Tonic is more than a mere tonic. It is a tonic containing the well known properties of the Extract of Cod Livers, \* \* \* We do not represent this preparation to have the reconstructive properties of Cod Liver Oil but do append the next paragraph as a matter of general information. Cod Liver Oil has been regarded by physicians for many years as possessing remarkable nutritive and flesh building properties, but on account of its disagreeable and nauseating taste and smell few people who really needed it could take it or assimilate it."

Misbranding of the said Pain Oil was alleged for the reason that the following statements appearing on the bottle label and in an accompanying circular were false and fraudulent: (Label) "Pain Oil \* \* \* Apply as a Liniment for Rheumatic Pains, \* \* \* Toothache, Earache \* \* \* Chilblains, Pains \* \* \* Take internally in water for Cramps, Pains, Hiccoughs, Diarrhoea"; (circular) "Pain Oil A valuable preparation for allaying pain. For external and internal use. \* \* \* For External Use \* \* \* for allaying the pain of \* \* \* Sciatic \* \* \* for relieving Muscular Rheumatism, for \* \* \* Sterilizing and reducing Inflammation of Cuts, Wounds, \* \* \* Chilblains, \* \* \* For Internal Use Take internally in water for Cramps, Pains, Hiccoughs, Diarrhoea \* \* \* Stop The Pain With Pain Oil \* \* \* Pain Oil 'Good For Most Everything That Hurts' \* \* \* The prime consideration that confronts one in the treatment of cuts and flesh wounds is the ever present danger of blood poisoning. In dealing with a flesh wound keep clearly in your mind the fact that poison and disease breeding germs are everywhere—in the atmosphere, in the ground, in the patient's clothes, on his flesh, on your hands and in the water with which you may be tempted

to wash the wound. Punctured Wound (Tack, Nail, Splinter or Thorn). Extract the nail, or whatever it is that has caused the wound. Pour McNess Pain Oil over the wound and then squeeze in warm water to encourage bleeding. If pain and swelling follow, saturate absorbent cotton with Pain Oil and bandage on wound with sterilized gauze. Keep dressing on until soreness subsides, wetting it with Pain Oil, as often as it becomes dry. In nail wounds, Pain Oil should be forced directly into the wound with a Syringe, after which the Pain Oil dressing should be applied as directed above. \* \* \* Earache Severe earache is usually due to inflammation of the inner ear. To relieve the pain, saturate a small piece of cotton with sweet oil, add about 5 drops of Pain Oil and place gently in the outer ear. \* \* \* Muscular Rheumatism As an aid in the treatment of Muscular Rheumatism, apply thick flannel clothes \* \* \* Cramps \* \* \* Toothache \* \* \* 'Good for Most Everything That Hurts' Directions For Use Asthma—Pour a few drops of Pain Oil in the palm of one hand then rub the hands together briskly and inhale the vapors. \* \* \* This clears out the nasal passages and heals the inflamed membranes. Back-Ache \* \* \* Chilblains \* \* \* Colic \* \* \* Diarrhea \* \* \* Dyspepsia \* \* \* Earache \* \* \* Hay Fever \* \* \* Indigestion \* \* \* Hiccoughs \* \* \* Rheumatism \* \* \* Sciatica \* \* \* Sore Throat \* \* \* Toothache. [Similar statements appear in foreign languages.]”

Misbranding of the said Menthoform was alleged for the reason that the following statements appearing on the bottle label and in an accompanying circular were false and fraudulent: (Label) “Useful as an aid in the treatment of Pyorrhea, Tender and Spongy Gums, unhealthy conditions of the nose and throat cavities. Unequaled as a gargle for Sore Throat. (Non Diphtheritic) \* \* \* To give quick relief to inflamed tonsils or throat”; (circular) “Directions \* \* \* The daily use of McNess Menthoform will keep \* \* \* the gums firm and healthy, \* \* \* By keeping the tissues of the mouth and throat firm and in a healthy condition. McNess Menthoform will guard the entire system against contagion and disease. \* \* \* Tender Gums \* \* \* Use McNess Menthoform three times a day as directed for daily mouth wash. Bleeding Gums \* \* \* Use McNess Menthoform full strength for several days, then use as a daily mouth wash to keep the gums firm. Spongy Gums—For soft, congested gums that bleed easily, use full strength McNess Menthoform three times a day until gums are relieved, then use the daily mouth wash to preserve a healthy condition. Turgid Gums—Where gums are swollen and congested, follow direction given for spongy gums. Receding Gums—Thoroughly brush, with a soft brush, the surface of the teeth and gums using warm water with a few drops of full strength McNess Menthoform on the brush, after which thoroughly rinse the mouth and teeth with full strength Menthoform. Do this each morning and evening until marked improvement takes place, then use stiffer brush and McNess Menthoform as a mouth wash. Loose Teeth—Loose teeth usually indicate Pyorrhea, but not necessarily so and will be relieved by using McNess Menthoform as directed under Receding Gums. \* \* \* as an aid in the treatment of diseased gums. \* \* \* McNess Menthoform lessens the danger of infection, when applied to cuts and scratches. A Clean Mouth Aids in the Prevention of Disease \* \* \* The daily use of McNess Menthoform as a mouth wash will promote a healthy condition of the teeth, gums and mucous membrane of the oral cavity. \* \* \* Directions \* \* \* Tonsillitis or Sore Throat (Non-Diphtheritic)—To give quick relief to inflamed tonsils or throat, \* \* \* Nasal Catarrh \* \* \* Contagious Diseases—By keeping the tissues of the mouth, nose and throat in a firm and healthy condition, many contagious diseases can be prevented. McNess Menthoform when used as a mouth wash and gargle will keep the mouth, nose and throat healthy. \* \* \* Hemorrhoids \* \* \* Leucorrhoea— \* \* \* [similar statements appear in foreign languages.]”

On June 4, 1932, Frank E. Furst and Frederick G. Thomas, trading as Furst & Thomas, Freeport, Ill., filed an answer and claim for the products, to which the Government filed exceptions on June 8, 1932. On November 9, 1932, the cases having come on for hearing, the Government's exception to claimant's answer was sustained. A claim and answer admitting, for the purpose of the proceedings only, the allegation of the three libels and consenting to the entry of decrees was thereupon filed. On November 15, 1932, a judgment of condemnation and forfeiture covering all three cases was entered, and it was ordered by the court that the products be released to the claimants upon payment of

costs and the execution of a bond in the sum of \$2,000, conditioned that they be relabeled and that they should not be sold or disposed of contrary to the provisions of the Federal Food and Drugs Act and all other laws.

R. G. TUGWELL, *Acting Secretary of Agriculture.*

**20363. Misbranding of Morrison's Old English Liniment. U.S. v. The James W. Foster Co., and George Morgan and Ray C. Burbank. Plea of guilty. Fine, \$175. (F. & D. no. 27515. I.S. nos. 30661, 30662, 34428, 34468, 34469.)**

Examination of the drug preparation, Morrison's Old English liniment, disclosed that the article contained no ingredient or combination of ingredients capable of producing certain curative and therapeutic effects claimed in the labeling.

On September 8, 1932, the United States attorney for the District of New Hampshire, acting upon a report by the Secretary of Agriculture, filed in the District Court of the United States for the district aforesaid an information against the James W. Foster Co., a corporation, and George Morgan and Ray C. Burbank, president and treasurer, respectively, of the said corporation, of Bath, N.H., alleging shipment by said defendants in violation of the Food and Drugs Act, as amended, in various lots, on or about March 20, June 12, June 24, and July 24, 1931, from the State of New Hampshire into the State of Massachusetts, of quantities of the said Morrison's Old English liniment, which was misbranded. Two styles of labeling were found on the cartons and bottles in the various shipments. All shipments were accompanied by the same circular.

Analyses of samples of the article by this Department showed that it consisted essentially of a nonvolatile oil such as fish oil, and volatile oils such as pine-tar oil, turpentine oil, and kerosene.

Misbranding was alleged in the information for the reason that the statements, designs, and devices, regarding the curative and therapeutic effects of the article, appearing on the carton and bottle labels of the product in certain of the consignments, falsely and fraudulently represented that it was effective as a remedy for rheumatism, lame back, chilblains, ingrowing nails, and bunions; effective to remove all soreness and inflammation; effective as a remedy for coughs, bronchitis, diphtheria, sore throat, and la grippe; effective to allay distress in cases of diphtheria; effective for the relief of pain in cases of rheumatism, neuritis, sciatica, lumbago, neuralgia, aching feet, bunions, sore corns, aches, soreness, and inflammation, and (in the case of animals) effective as a treatment for corns, quarter cracks, mud fever, founder, thrush, navicular disease, splints, rheumatism, bog spavin, shoe boils, and big knees; effective to heal wounds of every description; effective to cause hoofs to grow healthy and strong; effective as a remedy for distemper, pink eye, and kidney and bladder troubles; effective to remove soreness and inflammation; effective as a treatment for sore throat and bronchitis; effective to grow out foot; and effective as a treatment for contracted feet. Misbranding was alleged for the further reason that certain statements, designs, and devices appearing on the carton and bottle labels of the remaining shipments falsely and fraudulently represented that it was effective to heal wounds and prevent deadly germs from attacking the wounded flesh; effective as a treatment, remedy, and cure for rheumatism, lame back, chilblains, ingrowing nails, corns, bunions, soreness, and inflammation; (in the case of animals) effective as a treatment, remedy, and cure for corns, quarter cracks, thrush, founder, navicular diseases, mud fever, scratches, curbs, splints, rheumatism, bog spavin, wind puffs, shoe boils, contracted cords, galls, sores, wounds, inflammation, coughs, sore throat, distemper, bronchitis, pink eye, kidney and bladder troubles; effective to grow out foot; effective as a treatment, remedy, and cure for contracted feet, and big knees; and effective to grow new hoof and to keep a horse's feet in a healthy condition.

Misbranding was alleged for the further reason that certain statements, designs, and devices, regarding the curative and therapeutic effects of the article, appearing in the circular accompanying all shipments, falsely and fraudulently represented that the article was effective as a treatment, remedy, and cure for rheumatism, neuritis or nerve inflammation, sciatica or neuralgia of the hip or thigh, lumbago, neuralgia, soreness, aching feet, and bunions; effective to relieve aches, rheumatic pains, stiff or sore joints, wounds, sore corns, bunions and swelling; and effective to heal and protect the wound, and prevent tetanus and blood poison.